

# Bulletin of Rotary Club of Calcutta Presidency Rotary International District 3291

RI President- Rtn Jennifer Jones | DG: Rtn Ajay Kumar Law President: Rtn Dr. Rina Malpani | Secretary: Rtn Amit Gupta | Editor: Rtn Abha Lunia



# RI President's Message

Being asked to Imagine Rotary can seem like a big, heady exercise, but the most important element of it is something quite

small, even personal.

Not too long ago, Rotary members were expected to perform our acts of service quietly. I understood and appreciated the thought behind that — humility is a wonderful trait, and we should continue to nurture it in other ways. But keeping Rotary to ourselves has a cost. and by sharing our Rotary moments, we are being generous with others and giving them an opportunity to understand the impact of Rotary. It brings to mind that wonderful aphorism: "People will forget what you said. People will forget what you did. But people will never forget how you made them feel."

So how do we make people feel Rotary? The best way is to share our Rotary moments. We have all had them — when the ordinary collides with intention to create something extraordinary.

Some people have those Rotary moments the first time they go to a meeting. For others, it can take years, before seeing the joy in the eyes of someone we serve. Or perhaps in hearing from another member something that hit close to home. As Nick and I share this journey, we are amazed at the work you are performing

and the lives that are transforming. Throughout the year, I'm going to share with you the sights and the stories that made those tours meaningful for us. I hope you can do the same in your corner of Rotary. It can be something you share in meetings or on social media. For the most savvy and ambitious, it could be an event you publicize with local media. Even sharing your stories with friends has impact. We need ambassadors for Rotary's message and our dreams for a better world. The best ambassadors are you. The more you share stories — and share them from the heart — the more you encourage others to partner with us, to join us, and to stay.

To give you just one small example, in the months ahead, I will be turning over this column to Rotary members who will share their personal stories as they relate to diversity, equity, and inclusion in our organization. It's important that we hear these stories directly from the people who experienced them as a way of feeling the importance of DEI for the future of Rotary.

In everything we do, what people feel about Rotary will shape our future. I can only imagine what you will inspire through the stories you'll tell.

Jennifer Jones
President 2022-23
Courtesy: Rotary International



Website link

https://rccalcuttapresidency.rotaryindia.org/NA

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/Rotary-Calcutta-Presidency-Dist - 3291

# Project No. 44

# **Disease prevention**

We celebrated Diwali with Premashray by decorating the centre with lights so that children do not feel left out . Thanks to Sangita Jain for taking the initiative. Club sponsored the project.

### **Beneficiaries 300**



# Project No. 46

# Literacy

Computers basic knowledge is necessity nowadays. Thinking in these lines RCCP in association with Lions Club of Calcutta A-one city has organised basic course in computers for 12 needy students in Acheivers Academy in Howrah Maiden area. Our club is sponsoring their fees for 6 months. 48 classes and they will get a certificate and help in job placement. The classes have started from 15 October.

### **Beneficiaries 12**



# Project No. 47

# Literacy

On 12 November from 9am- 10 am RCCP organised a talk show for St Teresa's interactors. Motivational speaker B K Supriya from Mt Abu spoke with students about how to overcome Fear and Anxiety. It was an interactive and interesting seminar, 400 interactors of St Teresa's, with 20 teachers and Rotarians Sangita Jain, Ranjan ji and Priyanka were present. There was a demand to do it again.

### **Beneficiaries 400**





Sunila Poddar and Shruti Poddar on behalf of RCCP organised Children Day celebration on 14 Nov at 4.pm at Light House For the Blind, Kolkata. We distributed school bags chips and mazaa. The students were very happy to receive it. It was very satisfying to see them so happy. Thanks to Sunila for organising and donating bags and goodies for kids

# **Project No. 45**

# **Cancer Prevention Awareness**

October being the cancer awareness month, Rotary Club of Calcutta Presidency organised Cervical cancer awareness camp on 29 th October from 11.30 am at Shanti clinic in Howrah. Cervical cancer awareness talk was given by Dr Rina Malpani to the ladies of Howrah. Welcome speech and vote of thanks was given by Rashmi Surana. There was also question and answer session. For all the participants Blood test for CBC, Sugar and TSH was done. Blood pressure of the patients were also recorded. This camp was done in association with Lupin Diagnostic.

### **Beneficiaries 30**



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We were co host in this Project. Pradeep ji and Ranjan ji attended it.

# Project No. 49



# Children's Day

Members of RCCP celebrated Children's Day 2022 with the students of Diksha Evening School, branch of Young Horizon School Rtn. Rashmi Surana and Rtn. Archana Saraf spent the evening with the children and distributed cakes, biscuits, fruit drinks and chocolates sponsored by Rtn. Priyanka Gupta and Rtn. Sanjeev Agarwal. Students of Classes Nursery to 1 received pencils and erasers while Classes 2 to 4 received sketch pens as their Children's Day gift. The teachers presented a short cultural program followed by an engaging and fun interactive game conducted by Rtn. Rashmi Surana. Overall, the joy shared and the smiles spread were irreplaceable for adults and children alike.

# **Beneficiaries 360**

# Project No. 50





# **Project No. 51**



# **Motivational Talk**

Rotary Club of Calcutta Presidency organised Motivational talk by BK Supriya for Young Horizon School Interactors. on 15 November at 2 pm as part of Children Day Celebration. It was a fruitful afternoon at Young Learners. Bramha Kumari Supriya had a very interactive session with the children on how to manage "Fear and Anxiety". With simple excersises she demonstrated how the mind's concentration power is lost because we try to multitask. She encouraged the children to meditate and strengthen their powerful minds. Most importantly she asked children to believe in themselves. As always the event was very well coordinated by Sangeeta Mukherjee- began with a song from the school choir, and introduction of BK Supriya and an hour of the session.

**Beneficiaries 500** 

# Project No. 52

# **Saksham Camp**

Calcutta Presidency organised Mini Saksham camp on 19 Nov at 11 am in Ranjan ji 's office. Sangita, Rashmi and Amit and Ranjan ji were there for fitment and training of the beneficiaries. The smiles on the beneficiaries face says it all. 3 beneficiaries were given Ln-4 hands **Beneficiaries 3** 



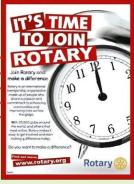
# Project No. 53

# Medical

Aushudhi Daan: RCCP has planned to help in medical treatment by providing important medicines to Our RCC Ram Krishna Seva Samity represented By Mr Barun. This RCC holds free medical camp every sunday so medicines will be distributed to the beneficiaries. It has to be given once in fifteen days. Members can come forward to finance it if they want. First lot was sponsored by Sangita Jain



Please ask
your friends &
acquaintances
to join the
Rotary



**Beneficiaries 60** 





Minutes of 156th RWM of Rotary Club of Calcutta Presidency held on Saturday, 29th October at 9AM at Hotel Park Prime (Ground floor)

# President Rtn Dr. Rina Malpani called the 155th meeting to order and welcomed the members for joining the meeting.

Rtn Sangita Mukherjee was requested to lead the National Anthem. President's Announcement

- Minutes of the 155th meeting were taken as read and confirmed.
- The President briefed the members about the projects completed during the month
- a. A Mini Saksham Camp was organised on 17th October in the office of PP Rtn Ranjan Mussadi. Hands were given to 2 beneficiaries. The project was attended by Rtn Dr. Rina Malpani, Rtn Sangita Jain, Sangita Bakliwal, Rtn Ranjan Mussadi and Rtn Rashmi Surana.
- E-waste collection drive was conducted on 18th October in Rajshree Apartments. The residents came forward and the waste collected was given for proper disposal and recycling.
- c. The Club Members along with Rotractors visited Old Age Home, Navnir on Dhanteras on 22nd October. Food items along with other necessities as requested by the inmates were donated by the Club members. The project was attended by Rtn Dr. Rina Malpani, Rtn Sangita Jain, Rtn Rashmi Suran and Rtn Amit.
- d. The Club members took the initiative and decorated Premashray (A Unit of Tata Cancer Hospital) with lights and diyas on 22nd October. This gesture was very much appreciated by the inmates.
- The President informed that the Computer Literacy program in Howrah has started from 15th October. The prog is for 6 months and 15 students

have registered for the program.

- f. The Club has taken the initiative of constructing toilets in Shibpur under the CSR program of Howrah Jute Mills.
- g. The President informed about the District DIWALI MEET on 29th October and requested the members to attend the program.
  - The President informed the Members about the forthcoming projects planned for the next 15 days
- A Cervical Cancer Awareness Camp has been organised on Saturday,
   29th October from 11.30 AM at Shanti Clinic in Howrah
- On 12th and 15th November, the club is organising project with Interactors and have invited BK Supriya who will give a talk to the Students of St Teresa and students of Young Horizon.
- The Club will start Construction of Howrah School after receipt of the quotation from Rtn Arun Sancheti.
- The Club members will meet the members of R5 to plan for next project and vision for the next 6 months.
- Visit to Baruipur has been planned for 13th November to discuss further projects with them.
- The project on CPR will be on 3rd December. Rtn Vinod informed that confirmation has been received from other clubs of RI Dist3291 for being co host.
- The President requested to bring guest to meeting and increase the strength of the Club.

# Minutes of the 157th RWM held at Hotel Park Prime (GF) on Saturday, 19th November, 2022 at 9AM.









Philippines, a beautiful country in South East Asia known for its rich biodiversity as its main tourist attraction. It consist of around 7000+ islands. Famous destinations to visit are Boracay, Palawan, Cebu and its capital Manila. It is a very budget friendly tourist destination. One can enjoy the adventures, nightlife, beaches and unique cuisine there. It is also famous for world renowned natural wonders like an underground river and rice terraces. If you are thinking for a holiday then think Philippines as your next holiday destination. Go for it.





President Rtn Dr. Rina Malpani called the 157th meeting to order and thanked the members for joining the meeting. She welcomed Ms Alpana Saran from Singer India along with her team, Mr Barun Modal and Mr. Kallol Ghosh from our RCC, Past President of Rotract Club Sahayam and Dr Ajoy Paul from BBI Eye Foundation. She requested all to rise for the National Anthem.

The minutes of the 156th RWM was confirmed as read & confirmed. President congratulated to Rtn Amit for accepting the post of President Elect and Rtn Abha Lunia for being Secretary for Rotary Year 2023 – 24.

- Rtn Dr Rina gave a briefly highlighted about the projects completed in this month. On Saturday, 29 October 2022, a medical camp for Cervical Cancer Awareness Camp
- was conducted at Shanti Clinic. Rtn Dr. Rina and Rtn Rashmi Surana conducted the camp. On 12 November, 2022, a motivational talk by BK Supriyo was arranged for the students of St Teresa. The motivational talk on HOW TO OVERCOME FEAR AND ANXIETY was very much appreciated by the students. Rtn Sangita Jain, Rtn Ranjan Mussadi and Rtn Priyanka attended the Talk program.
- School bags and snacks were distributed to the inmates of Light House for The Blind on 14 November to celebrate Children's Day. The Club thanked Rtn Sunila Poddar for providing the bags and Rtn Shruti for sponsoring the snacks and attending the project.
- Members of RCCP also celebrated Children's Day with the students of Diksha Evening School, branch of Young Horizon School. Rtn. Rashmi Surana and Rtn. Archana Saraf spent the evening with the children and distributed cakes, biscuits, fruit drinks and chocolates sponsored by Rtn. Priyanka Gupta and Rtn. Sanjeev Agarwal.
- We organised a Motivational talk by BK Supriya for the Interactors of Young Horizon School on 15th November at 2 pm as part of Children Days Celebration. Bramha Kumari Supriya had a very interactive session with the children on how to manage "Fear and Anxiety". With simple excersises she demonstrated how the mind's concentration power is lost because we try to multitask.
- 6. The President Rtn Dr Rina informed the starting of Computer Literacy Class in Achievers Academy from 15th November. The President Rtn Dr Rina announced the projects planned for next 15 days.
- On 3rd December the CPR awareness project Dil Ki Suno along with 7 other Rotary Clubs of RI Dist 3291 will be held at B M Birla Heart Research Center at ALipore from 4
- 2. On 6th December a fashion show has been arranged with Transgenders of Garima Griha at ICCR. Rtn Sangita Bakliwal briefed about the project and requested the members to support the project.
- On 18th December an eye camp has been arranged at Vijayshree Jute Mills at Shibpur. We will also inaugurate the toilets constructed by the Club in the same premises. President requested Dr Ajoy Paul to brief about the project. The President thanked Dr Paul for his support for the project.
- RRobe, an exhibition for sale of old and used dothes has been organised on 7th December. Rtn Asha and Rtn Sangita Bakliwal requested the members to spread the program among friends and relatives and donate clothes for the project.
- The Club conducted ASHUDHI Daan project at its RWM by contributing medicines for the medical center being run by our RCC member Mr. Barun Mondal at Piyali. A lot of members have agreed to provide medicines to support the projects for the next 4 months. Mr. Barun Mondal thanked the members and briefed about the projects being conducted by him. She also invited Mr. Kallol Ghosh from Baruipur to discuss about the projects executed and planned for the next quarter.
- A Vocational Training Centre with Singer is being planned for our RCC. The President invited Ms Alpana Saran to share her plans for the project.
- A Mini Saksham Camp has been arranged for 4 beneficiaries in Rtn Ranjan's Office at 11AM.
- We are in course of discussion with the Trustees of Howrah Siksha Sadan for the repair of the school building.
- 9. The Club members are planning a visit to the Old Age Home, Navnir in the next week.
- 10. The President request the Past President of Rotaract Club of Sahayam to brief about the projects completed and planned for the future.



**SCORPIO** 

Some Scorpios can expect an excellent period in their love life. It is the case for the single Scorpios who will have great chances of meeting someone unique. It is also the case for those who are unsatisfied with their current love life and want to start over. They could meet someone captivating.

# **SAGITTARIUS**



Sagittarians are the honest people who are imbibed with great spark within them. They know how to manage the things at their fingertips. Sagittarians have a pure soul. Sagittarians are very brave and know how to tackle the challenges of life in their own life. Sagittarians handle their challenges with grace and intellect and come up with triumphs at the end. They have the tendency to shine and make others feel jealous about it. Sagittarians are very smart and do not let anyone put them down. Expect that you might face turmoil on your professional front; other aspects of your day seem to be extraordinary.